

## Questions to Ask Your Doctor

It's often a good idea to write down any questions you have for your doctor in advance so you won't forget to ask them during your visit.

### **Here are some specific questions you might ask:**

What is my diagnosis?

How many times do I have to experience joint and skin symptoms before a diagnosis of psoriatic arthritis is made?

At what age should I be concerned about getting psoriatic arthritis?

Psoriatic arthritis runs in my family. Am I more at risk for developing it?

I have psoriasis, and I do have symptoms such as joint pain and stiffness, especially in my hands/feet/lower back area, but they come and go. Should I be concerned?

What is happening to my body as a result of my psoriatic arthritis?

Am I candidate for biologic therapy?

Will the treatment you have selected for me treat both joint and skin symptoms?

Can REMICADE help me manage joint and skin symptoms better?

How and when will this treatment make me feel better?

What are the benefits and potential side effects of treatment?

What should I do if I experience side effects?

How is my arthritis likely to change in the future?

What activities should I modify or avoid?

What lifestyle changes should I make?

What would happen if I simply tolerated my psoriatic arthritis symptoms and didn't treat them?

When asking your questions, make sure to have your doctor explain anything you don't understand.